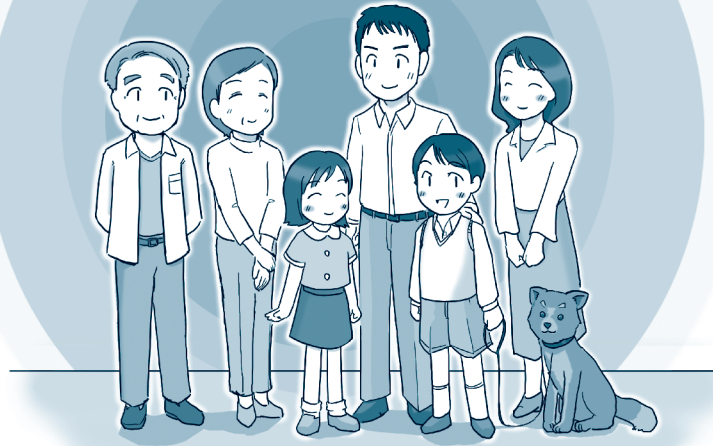


SFE-EN (Survey of Family Environment)



The English Version of the Survey of Family Environment (SFE-EN)
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Instructions for completing the questionnaire

In this survey, which begins from the next page, we ask about the daily life of your family **at present**. The survey consists of 30 items and for each one of these items we ask you to respond to two questions: **How satisfied is your entire family with respect to that particular item?** (That is, the satisfaction level as a family.) And, **how important is that particular item to your entire family?** (That is, the importance level as a family.) The higher the level of satisfaction you feel, the higher the number, with 1 representing “Dissatisfied” and 5 representing “Satisfied.” Please circle **the number that best matches your family’s perceptions. (That is, the most representative or average perceptions by all members of your family.)** Please also rate each item’s importance from 1 to 5, with “Unimportant” as 1 and “Important” as 5. Again, please circle **the number that best describes your family’s perceptions. (That is, the most representative or average perceptions by all members of your family.)** Please reply to all 30 items based on your first impression, without considering what response should be more desirable or by thinking a lot about what is the best way to respond.

In this survey, **“your family” applies to individuals who you consider to be members of your family, including yourself.** For example these might include your parents, your spouse by marriage or partner (including cohabitation, common-law marriage, and de facto marriage), any children, and so on. Family members can include those who live together with you and those who live apart. However, please do not include as family members individuals who have passed away, yet-unborn infants (in the case of a current pregnancy) or animals (pets). **“Children” applies to all family members who are under 18 years of age**, and may include blood relatives, adopted children, grandchildren, great-grandchildren, and so on.

Example:

When satisfaction level is 4 and importance level is 2:

Satisfaction level **as a family** (Circle one) Importance level **as a family** (Circle one)

Satisfied	Somewhat satisfied	Neither satisfied nor dissatisfied	Somewhat dissatisfied	Dissatisfied
↓	↓	↓	↓	↓
5	4	3	2	1

Important	Somewhat important	Neither important nor unimportant	Somewhat unimportant	Unimportant
↓	↓	↓	↓	↓
5	4	3	2	1

1 Family’s going on leisure outings together

Please be sure to read the explanatory cover sheet.

We want to stress that responses concerning the level of satisfaction and importance should involve **your entire family**, and not only yourself.

In the case of four of the 30 items, if the other choices do not apply to you, please circle **INAP** that appears on the far right margin. When you select **INAP**, it is not necessary to reply in accordance with satisfaction level and importance level.

Satisfaction level as a family
(Circle one)

Importance level as a family
(Circle one)

Satisfied	Somewhat satisfied	Neither satisfied nor dissatisfied	Somewhat dissatisfied	Dissatisfied
↓	↓	↓	↓	↓

Important	Somewhat important	Neither important nor unimportant	Somewhat unimportant	Unimportant
↓	↓	↓	↓	↓

1 Family's going on leisure outings together.

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

2 Family members who hold jobs work with enthusiasm.
(If no family members are currently employed, circle **INAP** only.)

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

INAP

3 Children's being provided with appropriate education/child care.
(If there are no children in the family, circle **INAP** only.)

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

INAP

4 Family's being provided with adequate health, medical, and welfare services.

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

5 Family observes societal rules.

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

6 Family's using media (TV, newspapers, magazines, etc.).

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

7 Family members' involvement with religion(s).

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

8 Family's being friendly to the global environment.

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

9 Family's appreciation of their country's culture.

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

10 Family's interactions with non-cohabitating relatives.

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

11 Family's receiving emotional support from non-cohabitating relatives.

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

12 Family members' interactions with their friends.

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

13 Family members' receiving emotional support from friends.

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

14 Family's interactions with neighbors.

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

15 Family's participating in community activities (block association, etc.).

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

Satisfaction level as a family
(Circle one)

Importance level as a family
(Circle one)

Satisfied	Somewhat satisfied	Neither satisfied nor dissatisfied	Somewhat dissatisfied	Dissatisfied
↓	↓	↓	↓	↓

Important	Somewhat important	Neither important nor unimportant	Somewhat unimportant	Unimportant
↓	↓	↓	↓	↓

16 Family's being comfortable living in the neighborhood.

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

17 Bonds of affection between family members.

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

18 Family members' being comfortable at home.

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

19 Meeting with family members to discuss, and resolve, concerns and problems.

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

20 Managing the family budget.

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

21 Family's cherishing family time spent together at home.

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

22 Family members' observing family rules.

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

23 Family members' cooperation in child rearing.
(If there are no children in the family, circle **INAP** only.)

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

INAP

24 Family members' cooperation in doing household chores.

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

25 Family members' cooperation in providing care during illness and convalescence.
(If there are no family members requiring care, circle **INAP** only.)

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

INAP

26 Managing family members' diet.

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

27 Managing family members' physical and mental health.

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

28 Family's being able to adapt to future events.

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

29 Family's being able to achieve family growth for the future.

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

30 Family's being able to realize family's future hopes.

5	4	3	2	1
---	---	---	---	---

5	4	3	2	1
---	---	---	---	---

Notice concerning use: When utilizing the SFE-EN for purposes of research, practice or training, you can use it freely at no charge on condition that it be cited as the source.



- Developer:** Naohiro Hohashi, PhD, RN, PHN, FAAN
- Website:** <https://nursingresearch.jp/>
- Development article:** Hohashi, N., & Honda, J. (2012). Development and testing of the Survey of Family Environment (SFE): A novel instrument to measure family functioning and needs for family support. *Journal of Nursing Measurement*, 20(3), 212-229. doi:10.1891/1061-3749.20.3.1
- Manual:** Hohashi, N., & Honda, J. (2016). *Assessment guide for Japanese version of the Survey of Family Environment (SFE-J)*. (N. Hohashi, Ed.). Tokyo: Editex. ISBN: 978-4-903320-44-1 [In Japanese]
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